Dear readers,

We publish the last issue of volume IV, corresponding to the year 2018. It is a number that brings together a total of 11 research papers from researchers in multiple countries.

González-Carcelén, C. M.; López-Sánchez, G. F.; Sánchez-García, C.; Ibáñez Ortega, E. J.; Díaz Suárez, A.; professors from the University of Murcia (Spain) present an interesting work on body composition and body image in students of sports sciences. Researchers from Mexico and Spain have come together to present an excellent paper on moderate to vigorous physical activity in physical education and recreation in elementary and secondary school students from the U.S.-Mexico border.

Physical activity as a means of preventing cardiovascular problems is addressed through a systematic review in an article submitted by various professors and researchers at the University of Granada (Spain). On the other hand, Patxi León Guereño; Oscar González Rodríguez; Yolanda Aguayo Benito; José Antonio Arruza Gabilondo, professionals from the Basque Country present a study on the relationship between the type of leadership of fixed-bank rowing coaches, the number of races rowed and the satisfaction of their athletes.

From the Universidad Rey Juan Carlos and the Universidad de Valladolid we published a manuscript by Daniel Bores-García, Gustavo González-Calvo and Alfonso García-Monge with the title (Re)Produce: Teacher professional development in an informal virtual community of practice of Physical Education.

The University of Santiago de Compostela is also represented in this issue by several authors who have published a paper on the analysis of eating habits and physical activity in Galician students of Primary Education.

Renowned Algerian authors send us a manuscript with the title Analytical study of reasoning skills according to Bloom's taxonomy included in the physical education and sports curriculum based on the approach of Competencies in secondary school in Algeria. Another
international participation recorded in this issue is the paper entitled Views of Physical Education and Sport Teachers who first implemented a report related to the state of health, a work done by a team of researchers residing in Turkey.

Returning to Spain and specifically from the Miguel Hernández University in Elche, professors Higinio González-García and Antonia Pelegrín present an article on perceived parental educational styles and birth order in sportsmen and women.

From Peru, a number of teachers have come together to work together on a manuscript entitled Global Teaching Strategy for Learning the Technical Basics of the volleyball in players of the children's category.

And finally, we present in this new issue a review by professionals from Costa Rica entitled How to design practice to optimize performance and motor learning. A literature review.

Undoubtedly a number with a marked international character that brings together professionals from a total of 6 countries.

With the hope that they will be of use to you, please receive a warm greeting from the entire Sportis Scientific Journal team.

Prof. Dr. Victor Arufe Giráldez

Editor Jefe Sportis Sci J