

Editorial

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Dear readers,

We publish the second issue of 2018 with a total of 10 papers, 8 original articles and 2 educational experiences.

Professor Vicente Torres of the University of Valencia offers us his article entitled "Effect of a program of physical condition of strength in the tests of launch of medical balloon, vertical jump and horizontal jump in students of the ESO".

Researchers from the University of Seville Manuel Javier Arrayás Grajera, Martín Salvador Díaz Bento and Inmaculada Tornero Quiñones address the gender differences in the body image of adolescents in Huelva by attending to their body mass index, in a study with a sample of more than 200 students.

Adherence to the Mediterranean diet, academic performance and the level of physical activity at school age is present in the work of other Sevillian researchers Rosa Maria Alfonso Rosa, Francisco Álvarez Barbosa and Jesus del Pozo Cruz.

From the Pontifical University of Salamanca we received a manuscript by the authors Salvador Pérez Muñoz, Antonio Sánchez Muñoz, Alberto Rodríguez Cayetano, Raimundo Castaño Calle, José María Fuentes Blanco, José Manuel De Mena Ramos and Roberto Macias Cuadrado entitled "Acute effect of the ballast vest on the physical condition of the football goalkeeper".

Returning to the south of Spain and this time from the University of Granada, Huelva and the International University of La Rioja, researchers Manuel Castro-Sánchez, Félix Zurita-Ortega, Ramón Chacón-Cubero investigate the emotional intelligence in sportsmen and women according to their sex, age and the type of sport they practice.

The García-Angulo brothers from the University of Murcia publish a manuscript entitled "Perception of the difficulty of the task in young football players".

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In a work with international cooperation, teachers David Hortigüela Alcalá, Alejandro Salicetti Fonseca, Alejandra Hernado Garijo and Ángel Pérez Pueyo show the relationship between the level of physical activity and the motivation of physical education teachers.

In Physical Education teachers we have another work by Galician researchers Joaquín Lago-Ballesteros, Rubén Navarro-Patón and Lucía Peixoto-Pino, entitled Pensamiento y actitudes del alumnado de Educación Primaria hacia la asignatura and the Physical Education teacher.

Among the didactic experiences, we would like to highlight the participation of Professor Santiago García-Calvo who sent us his work on Physical Education and English subjects. Constructivist vs. traditional approach to bilingual and non-bilingual education and the work of Toni García and Cristina Nogales on directed play in recreation as a method of including students with special needs.

Wishing these articles to enhance your professional growth, please receive a warm greeting from the entire Sportis Scientific Journal team.

Prof. Dr. Victor Arufe Giráldez

Editor-in-Chief Sportis Sci J